



GLASGOW
PRIVATE CLINIC

***"A Passion for Putting
Patients first"***

Welcome to Glasgow Private Clinic

Glasgow Private Clinic is an award winning clinic located on Ayr Road in Newton Mearns, close to The Avenue Shopping Centre.

We have selected a bespoke team of specialists to deliver excellence in healthcare.



The clinic boasts 18 consultation rooms across two floors and includes a fully customised minor surgical suite.



We offer a wide range of appointments 6 days a week to suit your busy schedule. Our experienced consultants and private GPs can easily refer within the clinic to avoid lengthy NHS waiting times.



Patients can benefit from two comfortable waiting areas with refreshments available.



The clinic has disabled access, free on-site parking and electric vehicle charging points.



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Aesthetics

Welcome to Glasgow Private Clinic, where luxury meets expertise in aesthetic care. We offer a range of tailored treatments designed to enhance your natural beauty and help you feel confident in your own skin. With a team of skilled professionals and a commitment to personalized service, we're here to provide you with an exceptional experience that leaves you feeling rejuvenated and radiant.



Dr Sameena Rashid

MBCHB(Gla), BSc Medsci (Gla), MRCS(Ed), MMED(UQ)

Miss Rashid is an experienced Facial Surgeon based in the NHS Lanarkshire Plastic Surgery Unit with a subspecialty interest in skin aesthetics. After qualifying from Glasgow University Medical school in 2001, she completed higher surgical training and membership examinations of the Royal College of Surgeons Edinburgh. She has also completed a plastic surgery fellowship with training and certification in facial aesthetics. She has undertaken post graduate research at the Professorial Unit in the Queens Medical Research Institute and University of Queensland Medical School and holds a Masters of Medicine Degree in Skin Cancer.

Miss Rashid is an examiner for the University of Glasgow Medical School and has been appointed as a senior lecturer within the Skin Cancer Unit at UQ Medical School. She has published research articles in medical journals and presented findings in national and international conferences. She is also one of the lead clinicians spearheading the Scottish Government National Dermatology Campaign within the National Elective Coordination Unit which has been established to support national waiting times recovery.

Available Treatments

Lip Augmentation
Nasolabial Lines
Marionette Lines
Tear Trough
Cheek Rejuvenation

Eyebrow Rejuvenation
Jawline Rejuvenation
Wrinkle Relaxing Injections
– face and neck area
Masseter (jaw) relaxation

Gummy smile and lip
enhancement
Neck lift
Hyperhidrosis
treatment

Cardiology

At Glasgow Private Clinic, we offer comprehensive and high-quality care for patients with various heart conditions. The clinic provides a full range of diagnostic and therapeutic services, including advanced imaging techniques, non-invasive testing, and personalised treatment plans. Patients benefit from state-of-the-art facilities and the latest medical technologies, ensuring accurate diagnoses and effective interventions. The clinic emphasizes a holistic approach to cardiovascular health, focusing on prevention, education, and ongoing support, making it a trusted choice for individuals seeking specialised cardiac care in a comfortable and patient-centred environment.



Dr Paul Rocchiccioli

Paul is a Consultant Interventional & General Cardiologist at the Golden Jubilee University National Hospital and Glasgow Royal Infirmary. He completed undergraduate training at the University of Glasgow and postgraduate training in the West of Scotland. Completing specialty training in Cardiology in 2014 before his Consultant appointment later that year. Paul's clinical practice includes all aspects of general and interventional Cardiology. His person-centred approach helps patients to understand and manage their individual risk and to support their cardiovascular health.

Areas of interest

- Chest Pain
- Coronary Heart Disease
- Valvular Heart Disease
- Hypertension (high blood pressure)
- Heart Failure
- Atrial Fibrillation
- Palpitations
- Dizziness
- High Cholesterol Management
- Cardiovascular Risk

Investigations available

- Echocardiogram
- Electrocardiogram (ECG)
- Ambulatory ECG monitor (with wires)
- Wireless 14-day event monitor - Zio Patch
- Cardiovascular risk assessment
- Ambulatory blood pressure monitoring (ABPM)
- CT calcium scoring
- CT coronary angiography
- Cardiac MRI
- Exercise testing

Circumcision (Paediatric)

Our dedicated paediatric circumcision service is designed to provide a gentle and safe experience for babies and their families. Our paediatric surgical team understand the importance of this common procedure in certain religious groups. With state-of-the-art facilities and the latest medical equipment, we offer a tailored approach to circumcision, prioritising the comfort and well-being of each child. From initial consultations to post-operative care, our comprehensive service is committed to delivering exceptional results while putting the needs of our young patients and their families first. **The service is only able to offer the service to babies under the age of 14 weeks.**



Mr Atul J Sabharwal

Having trained in Paediatric Surgery in Aberdeen, Edinburgh, Glasgow and Brisbane, Atul has been a Consultant Surgeon in Glasgow for over 20 years at the Royal Hospital for Children (formally Yorkhill). Atul's main specialist areas are Upper Gastrointestinal and Thoracic with an emphasis on Minimally Invasive (keyhole) surgery. Having been involved with the General Surgery of Childhood throughout training and as Consultant, Atul has carried out several hundred circumcisions. Currently Atul is the Clinical Lead for Paediatric Surgery at RHC, Glasgow, an examiner for the Intercollegiate MRCS examination and is a co-founder of the Scottish Infant Religious & Cultural Circumcision Service (SIRCCS).

Circumcision (Paediatric)



Mrs Angela M Docherty

Angela has been working within Paediatric Nursing for over 20 years. Following Angela initial nurse training she engaged in further studies, gaining her Bachelor of Science degree in Child Health Studies, and also completed a Master of Science Degree in Advanced Practice. Angela has more recently completed training in plastibell circumcision, and prides herself on the safe delivery of this service. Angela is also a co-founder of the Scottish Infant Religious & Circumcision Service (SIRCCS).

Consultation

This is a comprehensive assessment to determine the suitability of your child to undergo circumcision at Glasgow Private Clinic. If not suitable, a alternative management plan will be discussed. This fee is non-refundable. Onward referral if required.

Gold Package

- Examination of baby
- Completion of plastibell circumcision
- Aftercare leaflet
- Chloramphenicol ointment

Platinum Package

- Examination of baby
- Completion of plastibell circumcision
- Aftercare leaflet
- Chloramphenicol ointment, yellow soft paraffin and paracetamol
- Telephone call on evening of procedure and 1 week later
- Email address if any concerns

Dermatology

At Glasgow Private Clinic, our dermatology service is dedicated to helping you achieve healthy, radiant skin. Our skilled specialist offers a range of treatments to address various skin concerns, from acne, eczema to warts and small skin lesions. With personalised treatment plans and the latest skincare therapies, we are committed to enhancing your natural beauty and boosting your confidence. Experience the difference in your skin with our team care at Glasgow Private Clinic.



Dr Anchal Goyal

Dr Anchal Goyal is a GP with special interest in Dermatology. After qualifying as a GP in 2012 she successfully completed a Diploma in Practical Dermatology with distinction from Cardiff University in 2013. She has been working as a Speciality Doctor in Dermatology since 2014. She has co-authored the Dermatology chapter of a highly regarded medical textbook. Her use of careful examination, dermatoscopy, and diagnostic skin biopsy where necessary, allow her to thoroughly assess and diagnose skin and scalp conditions, rashes, and lesions. She offers a wide range of treatments including topical and systemic therapies, cryotherapy and excision. She is also able to assess scalp conditions and offer novel treatments such as PRP (platelet rich plasma) Therapy for some forms of hair loss. Her General Practice background, along with Dermatology training, allow her to adopt a warm and welcoming patient-focused approach to her consultations.

Some common conditions include (Not an exhaustive list):

Acne vulgaris
Bullous pemphigoid and pemphigus
Cancers including Basal cell carcinoma and squamous cell carcinoma and others
Dermatitis/Eczema
Fungal skin and nail infections
Infantile Haemangioma
Hair loss including male pattern and female pattern hair loss, alopecia, bald patches and others

Hidradenitis suppurativa
Cutaneous lupus
Keratosis pilaris
Lesions including cysts, lipomas, dermatofibromas, pyogenic granulomas, seborrhoeic keratosis, actinic keratosis, bowens disease- non surgical and surgical treatment options available
Lichen planus and lichen sclerosis
Mole checks/assessments

Annual mole checks
Pruritis
Psoriasis
Rashes of unknown cause
Rosacea
Seborrhoeic dermatitis
Warts and verrucas

Treatments offered

Topical treatments including non invasive treatment of Precancerous skin conditions
Systemic treatments
Diagnostic skin biopsies
Excision biopsies

Cryotherapy
Hyfrecation
Platelet rich plasma therapy
Intralesional steroid injections for Keloid scars, alopecia, etc

All age groups (including paediatric) can be assessed. Dr Goyal is also happy to discuss the option of domiciliary visits for patients who are immobile or unable to attend.

Diabetes and Endocrinology

At Glasgow Private Clinic, our Diabetes and Endocrinology Service offers expert care for individuals managing diabetes and a wide range of endocrine hormones disorders. We offer a personalised treatment plan, combining the latest medical advancements with a compassionate approach to care. Whether addressing complex hormonal imbalances, thyroid conditions, or diabetes management, we are committed to supporting your health and well-being with tailored solutions in a private, comfortable setting.



Treatments

Diabetes mellitus
Thyroid disease
Adrenal disease

Bone and calcium disorders
Pituitary disease

Dr Rahat Maitland

Rahat is an NHS Consultant in Diabetes and Endocrinology at the Queen Elizabeth University Hospital (QEUH). She graduated from the University of Glasgow and completed specialist training in London at the internationally renowned Guy's and St.Thomas' and King's College Hospitals. She manages all aspects of care for people with type 1 and type 2 diabetes. This includes improving glucose control and reducing cardiovascular risk (high blood pressure and cholesterol levels and obesity).

She has a specialist interest in using technologies to improve diabetes care such as insulin pumps and glucose sensors and runs a large pump service at Gartnavel Hospital. She is able to review and explain the large volumes of data generated from these devices to improve management.

Rahat also holds a medical doctorate in Diabetes in Pregnancy and completed a fellowship in Obstetric Medicine at St.Thomas' Hospital, to strengthen her experience in caring for pregnant women with medical conditions.

She runs a diabetes pre-pregnancy clinic in Glasgow and works in the diabetes and medical antenatal clinics at the QEUH. She is able to help with pre-pregnancy counselling and preparation for women with any type of diabetes. She can also assist women preparing for pregnancy who have other medical problems e.g. thyroid or blood pressure issues and can liaise with IVF clinics if required.

In her Endocrinology practice, Rahat sees people with thyroid (under and over active), adrenal, pituitary and calcium/parathyroid gland disorders.

Professional Memberships: The Association of British Clinical Diabetologists, The Diabetes Technology Network (DTN) and Diabetes UK.

Ears Nose & Throat

At Glasgow Private Clinic, our Ear, Nose, and Throat (ENT) Service provides specialised care for a wide range of ENT conditions. Our experienced team offer personalised diagnosis and treatment for issues such as hearing loss, sinus problems, throat disorders, and more. We are also able to assess and biopsy neck and thyroid lumps. With advanced techniques and state-of-the-art facilities, we are dedicated to delivering expert care in a comfortable and private environment, helping you achieve optimal ear, nose, and throat health.



Mrs Natasha Grimmond

Mrs Natasha Grimmond is a Consultant ENT Surgeon with sub-interest in Otolaryngology, Auditory and Cochlear Implantation and Balance disorders. Mrs Grimmond qualified in 2007 from the University of Dundee, after completing Foundation Training in Ninewells Hospital, embarked on Core Surgical Training in NHS Lothian and completed Higher Surgical Training in ENT in West of Scotland rotation. She then gained sub-specialty training in Cochlear Implantation by way of a UK Fellowship in Crosshouse Hospital in the Raj Singh Cochlear Implant Unit. Mrs Grimmond was appointed as an ENT Consultant in NHS Ayrshire and Arran in 2019 where she currently practices in general ENT and Otolaryngology in adult and paediatric patients. She also has a specialist interest in the management of balance disorders.

Within the remit of the Glasgow Private Clinic in addition to diagnostic Outpatient clinics, Mrs Grimmond can offer basic local anaesthetic procedures such as Nasal cautery, Nasal manipulation, Grommet insertion, Intra-tympanic Injections and minor lesion excisions.

Available Treatments

- New Outpatient Appointment (30minutes)
- Naso-endoscopy will incur additional charge
- New Balance Assessment (45 minutes)
- Return Appointment (15mins)
- Neck lump clinic
- Throat disorders
- Sinus problems

Local Anaesthetic Procedures

- Nasal Cautery
- Grommet insertion
- Bilateral Grommet insertion
- Intra-tympanic Injections
- Naso-endoscopy

Gastroenterology

At Glasgow Private Clinic, our Gastroenterology Service provides expert diagnosis and treatment for a wide range of digestive health concerns. Our gastroenterologist is committed to offering personalized care for conditions such as IBS, acid reflux, liver disorders, and more. Utilising diagnostic tools and the latest treatment approaches, we ensure that your digestive health is managed with precision and care in a comfortable, private setting.



Dr Morag MacMaster

Morag is a NHS Consultant Gastroenterologist working at University Hospital Monklands. She graduated from University of Glasgow in 2007 and has went on to complete general medical training followed by her specialist gastroenterology training in the West of Scotland.

She sub-specialises in Inflammatory Bowel Disease (Crohn's disease and ulcerative colitis) but also looks after patients with a variety of gastroenterology problems including dyspepsia (indigestion), irritable bowel syndrome, gastroparesis, liver disease, coeliac disease, anaemia, abdominal pain, diarrhoea and constipation.

She is a member of the British Society of Gastroenterology, the Scottish Society of Gastroenterology and the British Medical Association.

She is passionate about empowering patients towards understanding their condition and working collaboratively with patients to reach a diagnosis and form treatment plans that considers the patient as an individual.

Appointments

New appointment - (30 minutes)
Return appointment (20 minutes)

Conditions treated include

Inflammatory bowel disease
IBS
Liver disease
Abdominal pain
Liver disease
Coeliac disease

General Practitioner

At Glasgow Private Clinic, our GP service offers comprehensive, personalised healthcare for individuals and families in a confidential and welcoming environment. Our experienced general practitioners are dedicated to providing prompt, attentive care for a wide range of medical concerns including health screening, vaccinations and the management of acute and chronic conditions. With access to advanced diagnostics and specialist referrals, we ensure that your health needs are met with professionalism and care at every step.



Dr Naushad Ali

Dr Naushad Ali has worked as an NHS GP in the heart of Glasgow's Southside for the last 15 years, and is the founder of Glasgow Private Clinic. As well as a specialist interest in Sports Medicine and Diabetes, he has a passion for the growing field of Preventative Medicine. This specialty focuses on early detection of disease, and the steps that can be taken to maintain wellbeing to optimise your chance of living the longest, healthiest life you can. To achieve this, he is researching the latest evidence both nationally and internationally, and bringing the best medicine can offer to Glasgow Private Clinic.

Treatments

Private GP Service
Health MOT
Weight Loss service
Medical forms
Insurance Work
Travel vaccinations
Vaccinations
Vitamin drip therapy

Iron infusion
Hay fever injections
Vitamin B12 injections
Testosterone replacement therapy (TRT)
Cancer screening
Onward Referral to private sector where indicated

General Practitioner



Dr Manas Tiwari

Dr Tiwari is a GP partner at Bishopton Medical Practice and a Chief Medical Officer at Knockhill Racing Circuit. He has a keen interest in musculoskeletal medicine with specific interests in racetrack trauma and joint injections. He is now one of the most experienced clinicians in the UK with Arthrosamid for knee arthritis having completed over 150 procedures. If you are looking for gold standard non-surgical arthritis management, please do get in touch.

Treatments

- Private GP Service
- Health MOT
- Joint injections
- Medical forms
- Insurance Work
- Travel vaccinations
- Vaccinations
- Hay fever injections
- Vitamin B12 injections
- Onward Referral to private sector where indicated

Gynaecology

At Glasgow Private Clinic, our Women's Health Service is dedicated to providing expert care across all stages of a woman's life. From routine gynaecological exams to specialised treatments, colposcopy for abnormal smears and contraceptive/ HRT advice, our specialist offers personalised, compassionate support. We are committed to addressing your unique health needs with the highest standard of care in a comfortable and confidential setting.



Dr Malini Kanagalingam - MBChB MRCOG

Malini graduated from the University of Glasgow in 1996. Very early on in her career, she felt drawn to Women's Health. After completing her Specialist training in Obstetrics and Gynaecology she worked as a Consultant Obstetrician and Gynaecologist for 2 years in a busy teaching Hospital before moving into Community Gynaecology and Sexual & Reproductive Health, with some sessions as a Sexual Offences Examiner. She is also a Honorary Clinical Senior lecturer with the School of Medicine, Dentistry and Nursing at the University of Glasgow.

Her current practice is in Outpatient Gynaecology and Women's Sexual and Reproductive Health with a special interest in Menopause Care. She believes in working in partnership with her patients to ensure their needs are met with the highest standards of care. Malini is a member of the Royal College of Obstetricians and Gynaecologists, as well as a member of the British Menopause Society.

Treatments

Menopause care
HRT
contraception- including Coil and
Implant procedures
Problematic periods
Painful sex
Ring Pessary replacement
Early pregnancy scans

Transvaginal pelvic scans
Cervical smears & HPV screening
Endometrial biopsy
Vulval biopsy
WID – easy test for endometrial cancer

Gynaecology



Dr Anusha D'Sa – Colposcopy

Colposcopy is the examination of the cervix for any person who has had an abnormal cervical smear test. Our bespoke colposcopy service uses the latest techniques to ensure the most accurate results from your colposcopy. Undertaken entirely by our Consultant Gynaecologist and experienced Colposcopist, Dr. Anusha D'Sa, we aim to provide the highest standards in the management of patients with abnormal smears. From consultation, through to diagnostic biopsy and excisions where required, you can trust that your colposcopy will be performed to the highest possible standard of care.

Anusha is a Consultant Gynaecologist at the Queen Elizabeth University Hospital, Glasgow. She is a British Society of Colposcopy and Cervical Pathology Accredited Colposcopist.

She has just under two decades of experience in Obstetrics and Gynaecology. She completed her Master's Degree in Obstetrics and Gynaecology in India in 2010. As a trainee in the West of Scotland, she achieved her Membership of the Royal College of Obstetrics and Gynaecology in 2017.

Her current NHS practice includes Colposcopy – Diagnostic and Treatment, General Gynaecology, Out-patient Gynaecology – Diagnostic and treatment, Inpatient Gynaecology procedures and Post-graduate Teaching.

At Glasgow Private Clinic, she is delighted to be offering Colposcopy services – both for Diagnosis and Treatment.

Services available

Consultation (abnormal smear result required at this stage)
Colposcopic assessment of cervix
Cervical biopsy

Large-loop excision of the cervix (LLETZ)
Cold coagulation

Joint Injection Service



Dr Manas Tiwari

Dr Manas Tiwari is a GP partner at Bishopton Medical Practice and a Chief Medical Officer at Knockhill Racing Circuit. He has a keen interest in musculoskeletal medicine with specific interests in racetrack trauma and joint injections. He is now one of the most experienced clinicians in the UK with Arthrosamid for knee arthritis having completed over 150 procedures. If you are looking for gold standard non-surgical arthritis management, please do get in touch.

Joint Injection Treatments

- Arthrosamid injections for knee osteoarthritis
- Trigger finger injection
- Trochanteric bursitis injection
- Thumb CMC joint injection (for arthritis)
- Wrist tendinitis injection (De Quervain's)
- Carpal Tunnel Syndrome injection
- Tennis Elbow injection
- Golfer's Elbow injection
- Subacromial shoulder injection (for impingement or tendinitis)
- Intra-articular shoulder injection (for frozen shoulder or arthritis)
- Knee injections (for arthritis while awaiting knee replacement surgery or if unsuitable for knee replacement)
- Ankle injections (for ankle arthritis)
- Plantar fascia injections (for plantar fasciitis)
- Intramuscular steroid injection (for generalised arthritis, for example while awaiting rheumatology)
- Hyaluronic Acid Lubricating Injection

Mental Health (Adult)

At Glasgow Private Clinic, we offer personalised adult mental health services designed to support your wellbeing in a confidential, comfortable setting. Our expert team of psychiatrists and mental health nurse work to provide tailored treatment plans that address a range of mental health concerns. Whether you're navigating anxiety, depression, stress, or other emotional challenges, we are here to help you regain balance and improve your quality of life with compassionate, professional care.



Dr Malcolm Cameron

Dr Cameron has a keen interest in the treatment of depression and anxiety. He has a post graduate diploma in CBT and is very much a believer in examining lifestyle including nutrition, sleep and exercise as the first step to recovery. As a Liaison Psychiatrist, he specialises in the overlap between medical and psychiatric illness. He is accomplished in prescribing psychotropic medication in those with significant co-morbid medical and mental health conditions. He runs a perinatal psychiatry service within his NHS role and has specific expertise in treatment of mental health problems and psychotropic medication advice in pregnancy and was involved in the national SIGN guidelines on treatment of perinatal mood disorders. He also has significant experience in the assessment of capacity and cognitive testing and related medico-legal issues such as Guardianships and Power of Attorney assessments.

Treatments

Psychotic illness
Bipolar disorder
Depression
Anxiety and OCD
Stress and adjustment disorders

Personality disorders
Cognitive testing
Capacity assessment
Guardianships and Power of Attorney assessments

Mental Health (Adult)



Dr. Julia Rawstorne

Julia has worked as a general adult consultant psychiatrist in Glasgow for eighteen years. She qualified as a doctor in New Zealand in 1992 before coming to the UK to further her training in general medicine, and then completed specialist training in psychiatry in the West of Scotland. Having worked in both inpatient and outpatient NHS mental health secondary care services, she has considerable experience in the diagnosis and treatment of mental health problems.

Treatments

Psychotic illness
Bipolar disorder
Depression
Anxiety and OCD
Autism and ADHD
Stress and adjustment disorders

Mental Health (Adult)

Advanced Nurse Practitioner



Kim Barron

Kim has worked in health care for over 20 years. In 2011 she qualified as a Mental Health Nurse and quickly completed an early clinical career fellowship with NHS Education for Scotland where she completed her first Master's degree. Though her career she has worked in several roles in various NHS boards, private and charity organisations.

Kim has an MSc in Advanced Practice, and is a registered Advanced Nurse Practitioner with independent prescribing rights. She is on the review boards for the International Journal of Advanced Practice and British Journal of Mental Health Nursing among others and is currently working towards her Clinical Doctorate.

The Queen's Nursing Institute has awarded her the title of Queens Nurse reflecting her passion and commitment to providing quality and compassionate care.

Having completed specialist training in Attention Deficit Hyperactivity Disorder, she can offer a comprehensive ADHD assessment. As the assessment is underpinned by her multi model holistic approach, it will ensure your assessment reflects you and your experience.

Available Treatments

Depression
Anxiety
Bipolar disorder
Stress | Adjustment difficulties
Psychosis
ADHD

Minor Surgery

At Glasgow Private Clinic, our Minor Surgery Service offers safe and efficient procedures for a variety of conditions requiring minor surgical intervention. Performed by experienced surgeons in our state-of-the-art facilities, we provide treatments such as mole and skin cancer excision, cyst removal, and skin biopsies with minimal discomfort and quick recovery times. Our priority is to ensure your comfort and care, delivering high-quality surgical solutions in a private and supportive environment.



Dr Sameena Rashid

MBCHB(Gla), BSc Medsci (Gla), MRCS(Ed), MMED(UQ)

Miss Rashid is an experienced Dermatological Surgeon based in the NHS Lanarkshire Plastic Surgery Unit with a subspecialty interest in skin cancer. After qualifying from Glasgow University Medical school in 2001, she completed higher surgical training and membership examinations of the Royal College of Surgeons Edinburgh. She has undertaken post graduate research at the Professorial Unit in the Queens Medical Research Institute and University of Queensland Medical School and holds a Master of Medicine Degree in Skin Cancer. She has also completed a plastic surgery fellowship with training and certification in facial aesthetics.

Miss Rashid is an examiner for the University of Glasgow Medical School and has been appointed as a senior lecturer within the Skin Cancer Unit at UQ Medical School. She has published research articles in medical journals and presented findings in national and international conferences. She is also one of the lead clinicians spearheading the Scottish Governments National Dermatology Campaign within the National Elective Coordination Unit which has been established to support national waiting times recovery.

Available Treatments

- Assessment of skin lesions including full mole/naevi check
- Excision of Skin Cancer including Basal Cell Carcinoma and excision biopsy
- Removal of skin tags
- Removal of cysts and lipomas
- Cosmetic minor surgery including management of keloid scars, split ear lobe repair

Neurology

At Glasgow Private Clinic, our Neurology Service offers specialised care for a wide range of neurological conditions, from migraines and epilepsy to complex neurodegenerative diseases. With state-of-the-art facilities and a patient-centered approach, we are committed to delivering the highest standard of care, tailored to meet your individual needs in a compassionate and supportive environment.



Dr Govind Chavada

Dr Chavada is a Consultant Neurologist specialist interest in the diagnosis and treatment of Multiple Sclerosis and Neuromuscular disorders. Dr Chavada graduated from MS University in 2001. He trained in General Medicine, followed by Neurology from 2002. His Neurological training was in Sheffield, followed by a 4 year period of research at Glasgow University studying clinical Neuroimmunology, followed by completion of clinical training in Glasgow. Dr Chavada then took up a Consultant Neurologist appointment at the Institute of Neurological Sciences, Queen Elizabeth Hospital Glasgow in 2016, and has worked there ever since. He takes part in the acute neurological emergencies rota and does neurology ward consults. Out-patient work includes general neurology (Epilepsy, Parkinson's disorder, Headache), as well as specialised Multiple Sclerosis and Peripheral neuropathy clinics.

Treatments

- Multiple Sclerosis
- Neuromuscular disorders
- Epilepsy
- Parkinson's disorder
- Headache
- Peripheral neuropathy

Occupational Therapy

At Glasgow Private Clinic, our Occupational Therapy Service is dedicated to helping individuals regain independence and improve their daily functioning. Our skilled therapist provides personalised treatment plans tailored to each patient's unique needs, whether recovering from injury, managing chronic conditions, or adapting to new physical challenges. We are committed to enhancing your quality of life through comprehensive, compassionate care.



Karen Hussey (Paediatric OT)

Karen has been an occupational therapist in the NHS, specialising in paediatrics, for over 20 years. With extensive experience working with children of all ages, she has dealt with a wide range of mild to complex difficulties, including cerebral palsy, autism spectrum disorder, attention-deficit hyperactivity disorder, developmental delay, developmental coordination disorder, dyspraxia, and emotional and anxiety issues. Karen is dedicated to supporting and empowering young people to overcome barriers that impact their ability to engage in daily living activities. She can work with young people to help them develop the skills they need to succeed in everyday life. Karen is able to work collaboratively with home and education and can provide strategies and reports to ensure that interventions are effective.

Difficulties Karen can help with are:

- | | |
|-----------------------------------|--|
| Delayed developmental milestones | Organisational and daily living skills |
| Sensory processing difficulties | Concentration and attention issues |
| Gross motor difficulties | Low confidence and self esteem |
| Fine motor difficulties | Sleep difficulties |
| Visual perceptual difficulties | |
| Self-care and independence skills | |

Occupational Therapy



Sandra Crichton

Sandra is a highly experienced healthcare professional with over 30 years in Occupational Therapy, Massage Therapy, Nursing Assistant, Home Carer and Dental Nursing.

With 20 years in NHS and Social Work, she has worked across various specialties, including Stroke rehabilitation, Care of the elderly, Orthopaedics, Rapid response (GP referrals / A&E referrals), Respiratory care and Surgical care Reablement. She is also skilled in Swedish, Remedial, and Sports massage therapy and these treatments compliment Occupational Therapy interventions.

Common difficulties Occupational Therapy can help with are:

Reduced mobility, pain management, handwriting, and challenges with daily tasks such as self care/personal care tasks & domestic tasks such washing, showering, dressing, cooking, cleaning or transfers.

Memory problems, difficulty planning and sequencing tasks and reduced decision-making abilities.

Building confidence, reducing anxiety and overcoming fear in completing tasks.

Advice on assistive devices and modifications to enhance safety and accessibility.

Sandra's holistic, person-centred approach focuses on practical solutions and personalised therapeutic interventions/modalities & strategies to help individuals regain their independence and return to their previous level of function.

Ophthalmology

At Glasgow Private Clinic, our Ophthalmology Service provides expert care for a wide range of eye conditions, from routine vision assessments to complex eye diseases. Our experienced ophthalmologists use advanced diagnostic tools and the latest treatments to help protect and enhance your vision. We are committed to offering personalised care in a comfortable and professional environment, ensuring your eye health is in trusted hands.



Dr Sikander S Sidiki

Dr Sidiki specialises in Glaucoma, Cataract and General Ophthalmology. He has worked as an NHS consultant for 21 years and is based in NHS Greater Glasgow and Clyde. His past roles have included being Clinical Director for Ophthalmology and Clinical Lead for Glaucoma Services as well as educational roles involving training and teaching of Glaucoma Fellows, surgical ophthalmic trainees, Glasgow University medical students, undergraduate optometrists at Glasgow Caledonian University Department of Vision Sciences and Community Optometrists enrolled in the Independent Prescribing Course. Dr Sidiki is very experienced in providing cataract surgery combined with istent trabecular bypass surgery for glaucoma patients as well as Selective laser trabeculoplasty (SLT) for glaucoma and ocular hypertension.



Dr Tariq Saboor

Dr Saboor is one of the most experienced high volume cataract and Lens Implant surgeon in the country, with over 30 years of experience in Ophthalmology, having performed thousands of cataract and Lens Implant Surgeries. He is the Senior Consultant Ophthalmic Surgeon at Forth Valley NHS Trust and is currently the Clinical lead for Cataract surgery, Clinical lead for macular services and Clinical Laser Expert for Forth Valley NHS. Dr Saboor is an experienced user of multifocal and EDOF lens implants to correct Presbyopia, toric implants to correct astigmatism and ICL (Implantable Contact Lenses) to correct short-sightedness and long-sightedness. Dr Saboor is also a medical retina specialist with expertise in macular degeneration, diabetic eye disease and lasers. He is currently Honorary Clinical Registrar for Ophthalmology at Royal College of Physicians and Surgeons of Glasgow to oversee FRCS exam and is the Lead examiner.

Ophthalmology



Dr. Ehab Abdelkader

Dr Abdelkader is one of the clinical leads in NHS Greater Glasgow and Clyde with special interest in Cataract Surgery, YAG laser treatment, Intravitreal Injections, Age Related Macular Degeneration, Retinal Lasers, Diabetic Retinopathy, Retinal Vascular Disorders, Central Serous Chorioretinopathy, Inherited Retinal Disorders, among other retinal conditions and general Ophthalmology. He has performed thousands of cataract operations in addition to other Ophthalmic procedures.

Treatments

- Cataract surgery
- Refractive Lens Exchange / Lens Replacement surgery
- Multifocal / EDOF / Premium and Toric Intraocular Lens Implant surgery
- ICL (Implantable Contact Lenses)
- YAG laser capsulotomy/Iridotomy
- Management of macular degeneration, diabetic eye disease, Retinal vein occlusions
- Intravitreal Injections
- Eyelid Surgery
- Selective Laser Trabeculoplasty (SLT) for Glaucoma
- Cataract Surgery with istent for Glaucoma

Paediatrics

At Glasgow Private Clinic, our Paediatric Service is dedicated to providing expert medical care for infants, children, and adolescents. Our experienced paediatrician offers a wide range of services, from routine check-ups to specialised care for more complex medical conditions. We also offer allergy testing. With a focus on compassionate, child-centered care, we aim to support your child's health and well-being at every stage of their development.



Dr Adrian Sie

Clinical lead for the NHS Children and Young People Allergy Network Scotland (CYANS), Dr Adrian Sie has been a consultant in paediatrics for over 14 years. Trained in Sheffield, Edinburgh and Glasgow, he works at the University Hospital Wishaw in Lanarkshire. His interest is paediatric allergy. He is currently the clinical lead for the NHS Children and Young People Allergy Network Scotland (CYANS) as well as the NHS Lanarkshire allergy service paediatric-allergy-service.

Treatments

Consultations are offered for most conditions affecting babies or children under 16 that do not require a surgeon – for example:

Tummy pain	Other food allergies (see below regarding skin prick testing)
Headaches	Cow's milk allergy/intolerance
Diarrhoea	Wetting, urinary urgency/frequency
Vomiting	Breathing problems, cough/wheezing
Reflux	Rashes, birthmarks, lumps
Colic	Palpitations
Soiling	Chest pain
Constipation	Dizziness and faints/collapses (syncope, POTS)
Absences (petit mal)	Seizures, funny turns, funny movements (tics, Tourette's, PANDAS)
Growth/puberty concerns	Unusual skull shape in babies (plagiocephaly)
Chronic pain	Neck lumps (lymph nodes)
Chronic fatigue	
Joint or limb pain	

Physiotherapy

At Glasgow Private Clinic, our experienced physiotherapist have your well-being as their top priority. They are dedicated to helping you recover, restore movement, and alleviate pain through personalised treatment plans. Whether you're recovering from an injury or seeking long-term wellness, we are here to support you every step of the way with expert care and a compassionate approach.



Eden Keillar – Spinal Physiotherapist

Eden graduated from the Robert Gordon University with a Masters degree in Physiotherapy, having previously achieved a 1st class honours degree in Sports Therapy from the University of Bedfordshire. Eden has worked within the NHS for more than 20 years specialising in the treatment of spinal conditions. Currently, Eden works as an advanced Practice Physiotherapist within the regional spinal Neurology setting at the Queen Elizabeth University Hospital (QEUH), Glasgow. This involves working closely with his Neurosurgical colleagues to provide specialised clinical diagnosis skills to determine the most appropriate spinal management needs.

Available Treatments

Conditions treated:

- Mechanical low back pain with/without leg pain
- Mechanical neck pain with/without arm pain
- Sciatica
- Spinal stenosis

Physiotherapy



Kirstie Russell

Kirstie graduated with a Bachelor of Science degree (Honours) Physiotherapy in 1997 and worked in the NHS for many years, gaining experience in orthopaedics, musculoskeletal injuries, hydrotherapy and general rehabilitation. Following this, Kirstie travelled to Australia where she worked with Aussie rules football teams, rugby teams and gymnasts, gaining vast knowledge of sports injuries and Pilates rehabilitation.

Treatments

Conditions treated:

- Back and neck pain
- Sciatica
- Muscle aches
- Joint and tendon problems
- Sports injuries
- Post Surgical Rehabilitation, orthopaedics and spinal
- Arthritic pain
- Repetitive strain
- Tennis elbow
- Whiplash
- Post-natal pelvic and abdominal issues

Podiatry

Welcome to the podiatry service at our Glasgow Private Clinic, where your foot health is in expert hands. Whether you're dealing with discomfort, mobility issues, or just seeking preventive care, our skilled podiatrists provide tailored treatments designed to keep you moving with ease. We take a holistic approach to ensure your feet, and overall well-being, receive the attention they deserve. Let us help you walk with confidence and comfort.



Sheryl Braidwood

Sheryl has over 2 decades of experience working in Podiatry in Glasgow's South Side. Sheryl has postgraduate qualifications including non-medical prescribing. With a keen interest in performance sports Sheryl supports National athletes from our base in Newton Mearns. Specialising in the Diabetic foot and circulation problems the team are able to provide specialist assessment and advice.



Emma Crichton

Emma has been qualified since 2013. She has gone on to complete MSc in Diabetes and holds non-medical prescribing qualification. With an extensive experience in Nail surgery, Emma can offer procedures in our bespoke theatre space. Emma also specialises in the Diabetic foot and circulation problems the team are able to provide specialist assessment and advice.

Podiatry



Robyn Miller

Since qualifying in 2017 Robyn has gained experience in hospital, outpatients and private Podiatry. She has gone on to complete qualification in non-medical prescribing. She is particularly interested in treating stubborn verrucae with a range of options on offer. Robyn leads our homecare Podiatry service. She provides a caring and holistic approach to patients and their families.

Treatments

Podiatry Appointment- 30 mins
Warts & Verrucas
Corns
Callus

Diabetic foot care
Nail care
Ingrown Toenails
Nail surgery



Mr Euan McGivern MSK and Sports Podiatry / Biomechanics

Since graduating in 2011, Euan has worked across the city in both the NHS and Private practice including specialist and advanced practice roles in musculoskeletal Podiatry and Orthopaedics.

Treatments

Heel pain and Plantar fasciitis
Ankle pain
Forefoot pain
Bunions
Bursitis

Gait imbalance
Arthritis
Achilles and other tendon problems
Sports Injuries
Morton's Neuroma

Ultrasound

At Glasgow Private Clinic, our ultrasound service offers precise imaging solutions to support accurate diagnosis and effective treatment. We offer diagnostic ultrasounds, ultrasound guided injections as well as a specialised head & neck lump service. Utilising advanced ultrasound technology, our skilled team provides detailed scans and assessments across a range of medical conditions. We are dedicated to delivering clear, reliable results in a comfortable and patient-focused environment.



Dr Rohan Munir

Dr Rohan Munir obtained his Bachelors with Honours in Medicine at the University of St Andrews (UK), before completing his Medicine (MBChB) degree at University of Manchester (UK). He returned to Scotland to complete his academic foundation years training and specialist clinical radiology training in South East Scotland (Edinburgh). Dr Munir has a permanent position within NHS Lanarkshire as a Consultant Radiologist, specialising in the general radiological interpretation of X-rays, Computed Tomography (CT) scans, Magnetic Resonance Imaging (MRI) scans and ultrasound (US) scans.

He has a subspecialist interest in musculoskeletal imaging, which includes the diagnosis of musculoskeletal conditions, as well as the treatment of musculoskeletal conditions using ultrasound or x-rays to provide targeted therapies under image guidance.

Dr Munir became a Fellow of the Royal College of Radiologists (RCR) and a member of the British Society of Skeletal Radiologists (BSSR) in 2020.

Diagnostic Ultrasound Scans

Abdominal ultrasound: includes assessment of liver, gallbladder, kidneys, spleen, pancreas, and abdominal aorta

Pelvic ultrasound – transabdominal (female): includes assessment of bladder, uterus and ovaries

Ultrasound

Diagnostic Ultrasound Scans

Renal Ultrasound: includes assessment of both kidneys and bladder

Liver Ultrasound: includes assessment of the liver, gallbladder and biliary system

Musculoskeletal joint ultrasound – shoulder, hip, hands and wrists, knee, ankles, feet

Testicular ultrasound

Soft tissue, lumps and bumps ultrasound

DVT ultrasound assessment- upper or lower limb

Groin hernia ultrasound

Ultrasound Guided Injection Treatments

Shoulder

Calcific Tendinopathy

Shoulder Impingement/Bursitis/Pain

Frozen Shoulder/Arthritis/Pain

Acromioclavicular Joint Arthritis/Pain

Biceps Tendon Pain/Inflammation

Elbow/Wrist

Tennis Elbow (Lateral Epicondylitis)

Golfer's Elbow (Medial Epicondylitis)

Ganglion Cyst – Ultrasound guided ganglion cyst aspiration

Hip/Knee/Ankle/Foot

Morton's Neuroma/Pain – Ultrasound guided Morton's neuroma steroid injection.

Ankle/ Knee/ Hip Arthritis/Pain

Greater Trochanteric Bursitis

Other targeted therapies are also available upon individual case review and discussion. Please contact the team at Glasgow Private Clinic for further information.

Ultrasound



Dr Sarah Al-Ani

Dr Al-Ani has completed her radiology specialty training in Greater Glasgow and Clyde and holds a permanent position as consultant radiologist in the same board specializing in the general radiological interpretation of X-rays, Computed Tomography (CT) scans, Magnetic Resonance Imaging (MRI) scans and ultrasound (US) scans. She has a subspecialist interest in head and neck and orbital imaging, and she is one of the radiology leads for the ocular oncology service in Scotland based at Gartnavel General Hospital. She is experienced in ultrasound assessment of the neck which includes the diagnosis of neck lumps, thyroid gland assessment and procedures like fine needle aspiration of the thyroid nodules and lymph nodal biopsy. Dr. Al Ani is member of the British and European society of head and neck imaging. She is an RCR college tutor and a fellow of the Royal college of Radiologists (RCR).

Diagnostic Ultrasound Scans

Neck ultrasound- Includes assessment of the thyroid gland, lymph nodes, salivary glands and neck soft tissue

Abdominal ultrasound –includes assessment of liver, gallbladder, kidneys, spleen, pancreas, and abdominal aorta

Renal Ultrasound – includes assessment of both kidneys and bladder

Liver Ultrasound – includes assessment of the liver, gallbladder and biliary system

Testicular ultrasound

DVT ultrasound assessment- upper or lower limb

Ultrasound Guided Treatments

Ultrasound Guided fine needle aspiration of the thyroid gland/ neck lump- includes the ultrasound neck, aspiration of the nodule and pathology service.

Urology

At Glasgow Private Clinic, our Urology Service is designed to efficiently address concerns related to general urology, prostate health and blood in the urine, using advanced diagnostic tools and personalised treatment plans. We also offer a vasectomy, frenuloplasty and circumcision service. Our goal is to provide accurate, timely care in a supportive and streamlined environment.



Mr John Graham

John has been a consultant in the NHS since 2014, working mainly at Royal Alexandra Hospital and more recently in Glasgow Royal Infirmary. He graduated from Glasgow University in 1999 before completing basic surgical training in South Wales. His higher surgical training was in the East of Scotland rotation, and he developed further sub-specialist skills with a yearlong fellowship in Sydney, Australia.

Treatments

Urology Investigations / Treatments

Blood tests

Diagnostic Flexible cystoscopy – both male and female – if patient already on NHS waiting list can book direct to cystoscopy

Vasectomy

Circumcision/ Frenuloplasty

Renal tract Ultrasound

Referral for MRI/CT

Prostate Biopsy

Varicose Veins and Vascular Specialist

At Glasgow Private Clinic, our Varicose Vein Service offers expert diagnosis and minimally invasive treatment for varicose veins and related conditions. Utilising the latest technologies, our skilled specialist provides personalised care to alleviate symptoms and improve cosmetic appearance. We are committed to delivering high-quality, effective treatments in a comfortable and professional setting.



Mr Tam Siddiqui

Mr. Siddiqui is a Consultant Vascular, Endovascular and Endovenous Surgeon at University Hospital Hairmyres and is the Deputy Clinical Director for Surgery and Associated Specialties and Specialty Advisor to the Chief Medical Officer. He has a specialist interest in modern varicose veins treatments, including Radiofrequency Ablation, Ultrasound Guided Foam Sclerotherapy and Microsclerotherapy for thread veins. He has responsibilities for training other consultants in Scotland to perform these techniques.

Mr. Siddiqui is an experienced open and endovascular surgeon and offers the full range of vascular surgery treatments including angioplasty/ stenting, aneurysm repair, carotid surgery and management of peripheral arterial disease and diabetic vascular disease. Ultrasound examination is included as part of the consultation for varicose veins patients.

Mr Siddiqui also has an interest in training and education and is the Training Programme Director for Vascular Surgery in Scotland. He has published in peer-reviewed journals including The British Journal of Surgery, The European Journal of Vascular Surgery, The British Journal of Diabetes and Vascular Disease and The American Journal of Vascular Surgery.

Available Services and Treatments

- Assessment and management of varicose veins including venous duplex ultrasound assessment scan as part of consultation
- Duplex ultrasound examination lower limb varicose veins
- Radiofrequency ablation of varicose veins
- Ultrasound guided foam sclerotherapy for varicose veins
- Microsclerotherapy treatment for thread veins
- Assessment of upper and lower limb circulation including peripheral vascular disease and intermittent claudication
- Assessment of carotid and aneurysm disease

Wellbeing Services

At Glasgow Private Clinic, our Wellbeing Service is dedicated to supporting your overall health and vitality through a holistic approach. We offer personalised assessments and tailored programs designed to enhance physical, mental, and emotional well-being. This includes a weight loss service, vitamin drips, iron infusions and health screening. Our team of specialists provides comprehensive care and guidance to help you achieve and maintain a balanced, healthy lifestyle in a supportive and welcoming environment.

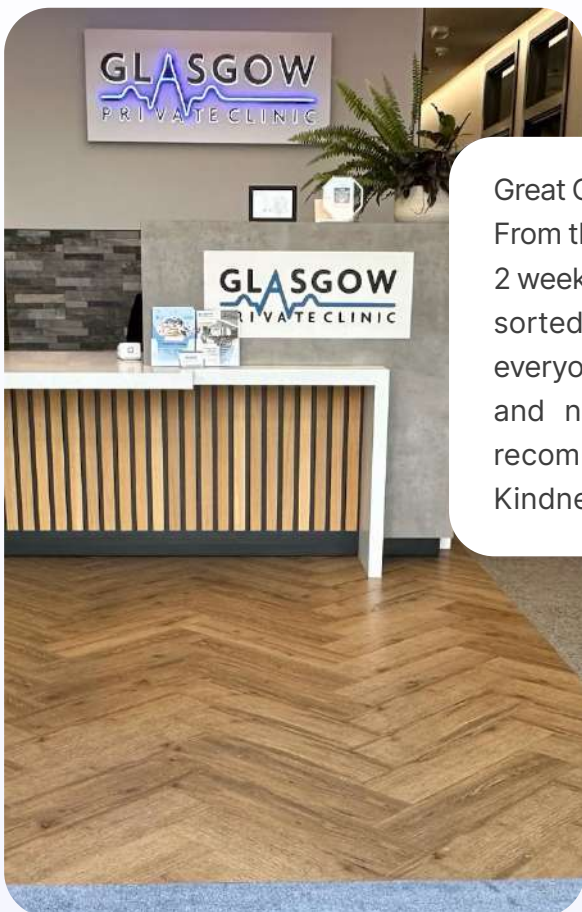


Dr Naushad Ali

Dr Naushad Ali has worked as an NHS GP in the heart of Glasgow's Southside for the last 15 years, and is the founder of Glasgow Private Clinic. As well as a specialist interest in Sports Medicine and Diabetes, he has a passion for the growing field of Preventative Medicine. This specialty focuses on early detection of disease, and the steps that can be taken to maintain wellbeing to optimise your chance of living the longest, healthiest life you can. To achieve this, he is researching the latest evidence both nationally and internationally, and bringing the best medicine can offer to Glasgow Private Clinic.

Treatments

- Vitamin drip therapy
- Iron infusion
- Weight loss service
- Health Screening
- Hayfever injections
- Vitamin B12 injections
- Cancer screening
- Testosterone Replacement Therapy



“

Great Clinic. I saw Dr Goyal for a minor biopsy procedure. From the first appointment to check out the issue, I was 2 weeks to operation, 1 week with stitches and I am now sorted. I felt the clinic was very professional and everyone was very polite. I did not have my time wasted and no long waiting times for anything. I would recommend this clinic for similar procedures. With Kindness, Richard

“

Fantastic service from Glasgow Private Clinic. Immediate access to appointments at convenient times, including weekends. Appointments easily booked online or over the phone. Incredible team of medical professionals with a wide range of experience and specialisms. I have seen Dr Naushad Ali on a number of occasions whose personal manner with patients is matched by his professionalism and deep medical knowledge. Highly recommend - this is the future of high quality medical care - in my humble opinion.



“

Really positive experience with Dr Munir. He was so understanding and really took the time to listen to me. The examination I had was very thorough and he explained everything really well. Receptionist was friendly, waiting area very pleasant and I was taken on time. Would recommend this clinic and will return if I ever need anything else investigated.

“

I booked an appointment with Dr Sie for allergy testing for my son. I was able to book an appointment the same week at a time that suited me. The process was very efficient - within an hour Dr Sie had taken a detailed history, examined my son, carried out the allergy testing and given us the results. The appointment was followed up with very helpful email and posted out material that included an “Allergy Action Plan” for my son’s school, advice about travelling and even helpful phrases to explain his allergy in the language of a country we are due to visit on an upcoming holiday. Highly recommend.

“

I had a great experience at the clinic. Dr Rahat Maitland was well prepared, welcoming and clear about my condition. Within a few minutes I was told my diagnostic, the way forward and given medication.

“

Contacted this Private Clinic to get a 2nd opinion for my elderly father. From booking with reception to the visit by Dr Tiwari service has been fantastic. Recommendation provided allow us to look at alternatives for treating him and hopefully get some positive results. Thanks.

“

I had been suffering from acute knee pain (osteoarthritis) and was having difficulty with mobility. NHS waiting list is 18 months (approx) and private knee replacement from £16000.

I noticed that the clinic was offering a treatment called Arthrosamid and I made an appointment to see Dr Tiwari. I have had the treatment and after twelve days am feeling a huge improvement in mobility, and pain has significantly decreased.

Glasgow Private Clinic is welcoming and friendly with the professionalism you would expect and would highly recommend - for all treatments.



Enquiries

If you have any enquiries please feel free to get in touch with the clinic.

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